

PALO VERDE PARK POST

The official newsletter of the Palo Verde Park Neighborhood Association



Welcome to the
Palo Verde Park Neighborhood Association

EVENTS

August 15

Come get the skinny from the city's Environmental & General Services Department on changes to the Brush & Bulky Collection Program, recycling challenges and graffiti abatement.

Bring your questions!

And we'll get a quick update from NextDoor.

6:30-7:30 p.m.

**Fellowship Bible Church
6700 E Broadway**

Next up:

Sept. 19: Learn chest-only CPR

**For more details and meeting locations,
visit**

<http://paloverdeparkneighborhood.com>

*Be a good neighbor - build a better
community*

A word from the president

When neighbors had concerns about a new methadone clinic, the Ward 2 City Council office was able to set up a productive conversation between neighborhood leaders and clinic operators.

When neighbors had concerns about activity in the park, neighborhood representatives met with law enforcement and parks officials to increase patrols and clean up the tree line to enhance safety and the health of the trees.

When neighbors asked for more dog waste stations and a free library, the city has worked with us to accomplish them.

This is what happens when we work together to make our area better.

This is all you. Thank you - Norma Coffman



Energy Saving Tips!

- Keep your thermostat adjusted to 68 in the winter, 78 in the summer.
- Change your air filter every month
- Seal duct leaks with metallic tape (not duct tape, ironically)
- Apply weatherstripping to doors and caulk around windows
- Consider planting deciduous trees that will provide shade in the summer to your home but drop their leaves and allow heat in through the winter
- Adjust refrigerator temperatures to between 35-40 degrees
- Always wash full loads of dishes and clothes and consider letting them air dry
- Set water heater to 120 degrees and wrap pipes with foam insulation
- Consider upgrading light bulbs to LED.
- See their website for more details!



Keep an eye on our website for more news and events!

paloverdeparkneighborhood.com

Interim Council:

Board President: Norma Coffman

Vice President: Mike Southworth

Treasurer: Jack Kulawik

Secretary: Rhonda Bodfield

Riviera Estates delegate: Andy Weiss

Manana Vista delegate: Virginia Stanek



Methadone clinic conversation takeaways

CMS will open the site at Jessica and Broadway in September and anticipate serving about 400 people a day, while still operating a site on Carondelet.

The site will be open from 4:30 - 11:30 a.m. weekdays, with Saturday and holiday hours from 6 - 9 a.m.

About 80 percent of their clients receive methadone treatment, but they also offer individual and group counseling and support. To reduce loitering concerns, they will use a client navigator to keep an eye on the parking lot and alleys and have told clients they must wait at the bus stop or in the lobby if they are waiting for rides. Smoking is also prohibited on the property.

Neighborhood representatives appreciate the need for the work being done at the clinic and appreciate the organizers coming to meet with us. It took some courage to meet with neighbors to address their concerns. We believe we have a solid foundation from which to move forward.

NICOLE FRANCOIS, COLGATE DRIVE

Neighborhood recognition award

A high school senior, Nicole could have spent 1,000 hours watching 500 movies. Or making 200 trips to Phoenix and back. Instead, over the past two years, she has given that much time to the Humane Society of Southern Arizona.

She started volunteering to fill up her summer hours. "I stayed because I realized how much I actually love helping homeless animals and making their lives a little better by playing, petting, walking and helping them to be adopted," said Nicole, who can often be found taking her own three rescue dogs to the Palo Verde Park dog park.

"It's not easy seeing scared and depressed animals and knowing there isn't anything you can really do for them except sit quietly with them."

As hard as it is, she finds satisfaction in those moments when those pets find their forever connections.

Nicole will be studying veterinary science in college.

And her twin sister Megan is another giving soul - volunteering at the University of Arizona's cooperative exchange seed-to-table program designed to teach others how to grow and prepare fresh food and share healthy life choices.

Thanks you two for making the world better!

